## OPEN WATER SWIMMING

## PRIVATE SWIM

4 DAYS, 3 NIGHTS , 3 \*\*\* HOTEL FROM £189 PER PERSON

## INCLUDED

3 nights accommodation with half board in a 3\* hotel in Costa Brava Vies Braves private swim guide :

- Swimming instructor 2h (itinerary explanation, safety recommendations, warm-up exercises, swimming the Via Brava (1-3 km) and stretching after swimming)
- 1 monitoring kayak during the swim
- 1 swimming cap
- 1 Vies Braves map
- Safety buoy (to give back after the swim)
- Activity insurance





Transfers Tourist tax Lunch Neoprene rental



## PUBLIC NETWORK OF MARINE ITINERARIES ON THE

COSTA BRAVA DESIGNED FOR SPORTS, LEISURE AND TEACHING ACTIVITIES. THE ITINERARIES RUN PARALLEL TO THE COASTAL PATHS ALONG THE COSTA BRAVA. SIGNS AND BUOYS PROVIDE A SAFE WAY OF ENJOYING

AND EXPLORING THE SHORELINE FROM THE SEA



